

Swimming (Long Course) - World Records Women



50 m Freestyle

Class	Name	NPC	YoB	Time	Date	City	Country
S1	Watts, Danielle	GBR	1980	1:19.65	28 Nov 2003	Swansea	Great Britain
S2	Broadribb, Victoria	GBR	1976	1:15.46	27 Oct 2000	Sydney	Australia
S3	Yip, Pin Xiu	SIN	1992	57.04	13 Sep 2008	Beijing	China
S4	Miranda Herrera, Nely Edith	MEX	1972	46.27	15 Sep 2008	Beijing	China
S5	Perales Fernandez, Teresa	ESP	1975	35.88	15 Sep 2008	Beijing	China
S6	de Koning-Peper, Mirjam	NED	1969	35.60	15 Sep 2008	Beijing	China
S7	Weggemann, Mallory	USA		32.92	31 Jul 2009	Edmonton	Canada
S8	Drabsch Norland, Cecilie	NOR	1978	31.51	26 Sep 2004	Athens	Greece
S9	Du Toit, Natalie	RSA	1984	29.04	06 May 2006	Manchester	Great Britain
S10	Sloan, Jessica	CAN	1982	28.44	28 Oct 2000	Sydney	Australia
S11	Poiani Panigati, Maria	ITA	1982	31.21	14 Sep 2008	Beijing	China
S12	Savchenko, Oxana	RUS	1990	27.07	14 Sep 2008	Beijing	China
S13	Hopf, Yvonne	GER		27.38	25 Aug 1996	Atlanta	United States

100 m Freestyle

Class	Name	NPC	YoB	Time	Date	City	Country
S1	Watts, Danielle	GBR	1980	2:54.56	31 Jul 2007	Sheffield	Great Britain
S2	Berry, Mairead	IRL	1975	2:43.67	26 Oct 2000	Sydney	Australia
S3	Valle Benitez, Patricia	MEX	1969	2:02.50	07 Sep 2008	Beijing	China
S4	Espenhayn, Kay	GER	1968	1:36.36	07 Sep 1995	Perpignan	France
S5	Perales Fernandez, Teresa	ESP	1975	1:16.65	07 Sep 2008	Beijing	China
S6	Simmonds, Eleanor	GBR	1994	1:16.21	25 May 2009	Manchester	Great Britain
S7	Bruhn, Kirsten	GER	1969	1:11.61	25 Jun 2005	Berlin	Germany
S8	Frederiksen, Heather	GBR	1985	1:06.55	29 Jul 2009	Sheffield	Great Britain
S9	Du Toit, Natalie	RSA	1984	1:01.08	06 May 2008	Manchester	Great Britain
S10	Owens, Ashley	USA	1989	1:01.57	09 Sep 2008	Beijing	China
S11	Xie, Qing	CHN	1988	1:08.96	12 Sep 2008	Beijing	China
S12	Savchenko, Oxana	RUS	1990	59.47	12 Sep 2008	Beijing	China
S13	Grand-Maison, Valerie	CAN	1988	58.87	10 Sep 2008	Beijing	China

200 m Freestyle

Class	Name	NPC	YoB	Time	Date	City	Country
S1	Watts, Danielle	GBR	1980	6:03.90	04 Dec 2006	Durban	South Africa
S2	Kalpakidou, Maria	GRE	1985	5:55.77	14 Mar 2009	Thessaloniki	Greece
S3	Valle Benitez, Patricia	MEX	1969	4:14.45	11 Jul 2008	Victoria	Canada
S4	Espenhayn, Kay	GER	1968	3:21.82	20 Aug 1996	Atlanta	United States
S5	Hess, Beatrice	FRA	1961	2:44.61	23 Oct 2000	Sydney	Australia
S6	Simmonds, Eleanor	GBR	1994	2:43.85	17 Mar 2009	Sheffield	Great Britain
S7	Bruhn, Kirsten	GER	1969	2:35.80	24 Jun 2005	Berlin	Germany
S8	Frederiksen, Heather	GBR	1985	2:21.13	17 Mar 2009	Sheffield	Great Britain
S9	Du Toit, Natalie	RSA	1984	2:11.40	06 Apr 2005	East London	Great Britain
S10	Pawlik, Katarzyna	POL	1989	2:13.88	29 May 2009	Berlin	Germany
S11	Schulte, Daniela	GER	1982	2:34.02	29 May 2009	Berlin	Germany
S12	Easter, Melanie	GBR	1975	2:19.24	13 Jun 1999	Minneapolis	United States
S13	Grand-Maison, Valerie	CAN	1988	2:12.46	25 May 2007	Berlin	Germany

400 m Freestyle

Class	Name	NPC	YoB	Time	Date	City	Country
S6	Simmonds, Eleanor	GBR	1994	5:31.44	17 Mar 2009	Sheffield	Great Britain
S7	Weggemann, Mallory	USA		5:12.30	31 Jul 2009	Edmonton	Canada
S8	Frederiksen, Heather	GBR	1985	4:45.67	17 Mar 2009	Sheffield	Great Britain
S9	Du Toit, Natalie	RSA	1984	4:23.81	12 Sep 2008	Beijing	China
S10	Pawlik, Katarzyna	POL	1989	4:33.15	15 Sep 2008	Beijing	China
S11	Tjernberg, Magdalena	SWE		5:23.98	11 Sep 1987	Moscow	Russian Federation
S12	Efimenko, Anna	RUS	1980	4:37.37	08 Sep 2008	Beijing	China
S13	Grand-Maison, Valerie	CAN	1988	4:28.64	08 Sep 2008	Beijing	China

800 m Freestyle

Class	Name	NPC	YoB	Time	Date	City	Country
S6	Lewis, Nyree	GBR	1980	12:29.94	23 Jun 2005	Berlin	Germany
S7	Jordan, Cortney	USA	1991	11:36.43	06 Dec 2007	College Park	United States
S8	Long, Jessica	USA	1992	10:17.50	18 Mar 2007	Montreal	Canada
S9	Du Toit, Natalie	RSA	1984	9:01.41	18 Apr 2004	Durban	South Africa
S10	Pawlik, Katarzyna	POL	1989	9:34.02	28 May 2009	Berlin	Germany
S11	Garcia, Anais	ESP	1980	11:58.86	06 Aug 2003	Quebec	Canada
S12	Garcia-Arcicollar, Ana	ESP	1983	10:11.92	06 Aug 2003	Quebec	Canada
S13	Grand-Maison, Valerie	CAN	1988	9:44.88	18 Mar 2007	Montreal	Canada

1500 m Freestyle

Class	Name	NPC	YoB	Time	Date	City	Country
S6	<i>vacant</i>						
S7	Jordan, Cortney	USA	1991	22:21.16	01 Aug 2009	Edmonton	Canada
S8	Long, Jessica	USA	1992	20:00.35	15 Apr 2007	Rochester	United States
S9	Du Toit, Natalie	RSA	1984	17:16.57	08 Apr 2005	East London	Great Britain
S10	Scott, Susan Beth	USA	1992	18:33.86	17 May 2009	Cincinnati	United States
S11	Schulte, Daniela	GER	1982	21:37.53	13 Jul 2008	Victoria	Canada
S12	<i>vacant</i>						
S13	Scott, Elizabeth	USA	1974	19:41.95	25 Jun 2000	Indianapolis	United States

50 m Backstroke

Class	Name	NPC	YoB	Time	Date	City	Country
S1	Ielisavetska, Ganna	UKR	1980	1:13.64	15 Sep 2008	Beijing	China
S2	Carracelas Garcia, Sara	ESP	1981	1:16.33	15 Sep 2008	Beijing	China
S3	Yip, Pin Xiu	SIN	1992	57.92	15 Sep 2008	Beijing	China
S4	Espenhayn, Kay	GER	1968	48.93	04 Aug 2001	Stockholm	Sweden
S5	Hlavackova, Bela	CZE	1976	40.84	14 Dec 2002	Mar del Plata	Argentina
S6	Jiang, Fuying	CHN	1988	42.13	13 Jul 2007	Vancouver	Canada
S7	Bruhn, Kirsten	GER	1969	39.86	02 Jun 2006	Berlin	Germany
S8	Vestbostad, Mariann	NOR	1984	37.21	11 Jul 2007	Namsos	Norway
S9	Dixon, Stephanie	CAN	1984	33.93	30 Jul 2009	Edmonton	Canada
S10	Sapiro, Shireen	RSA	1991	34.03	10 Dec 2008	Germiston	South Africa
S11	Schulte, Daniela	GER	1982	36.74	29 May 2009	Berlin	Germany
S12	Zorn, Trischa	USA	1964	33.62	22 Apr 2004	Minneapolis	United States
S13	Becherer, Kelley	USA	1990	32.92	30 Jul 2009	Edmonton	Canada

100 m Backstroke

Class	Name	NPC	YoB	Time	Date	City	Country
S1	Watts, Danielle	GBR	1980	3:01.75	04 May 2003	Sheffield	Great Britain
S2	Carracelas Garcia, Sara	ESP	1981	3:10.33	29 May 2004	Berlin	Germany
S3	Yip, Pin Xiu	SIN	1992	2:10.09	25 May 2008	Berlin	Germany
S4	Espenhayn, Kay	GER	1968	1:52.72	27 May 2000	Berlin	Germany
S5	Lauridsen, Karina	DEN	1976	1:32.91	27 May 2007	Berlin	Germany
S6	Lewis, Nyree	GBR	1980	1:26.90	03 Apr 2008	Sheffield	Great Britain
S7	Bruhn, Kirsten	GER	1969	1:23.89	31 May 2009	Berlin	Germany
S8	Frederiksen, Heather	GBR	1985	1:14.36	19 Mar 2009	Sheffield	Great Britain
S9	Dixon, Stephanie	CAN	1984	1:09.30	13 Sep 2008	Beijing	China
S10	Pascoe, Sophie	NZL	1993	1:10.57	13 Sep 2008	Beijing	China
S10	Sapiro, Shireen	RSA	1991	1:10.57	13 Sep 2008	Beijing	China
S11	Akiyama, Rina	JPN	1987	1:20.76	20 Jul 2009	Osaka	Japan
S12	Zhu, Hongyan	CHN	1976	1:08.89	25 Sep 2004	Athens	Greece
S13	Gotell, Chelsey	CAN	1986	1:09.09	14 Sep 2008	Beijing	China

200 m Backstroke

Class	Name	NPC	YoB	Time	Date	City	Country
S6	Lewis, Nyree	GBR	1980	3:10.99	26 May 2007	Berlin	Germany
S7	Bruhn, Kirsten	GER	1969	2:56.35	30 May 2009	Berlin	Germany
S8	Long, Jessica	USA	1992	2:58.70	18 Mar 2007	Montreal	Canada
S9	Dixon, Stephanie	CAN	1984	2:28.29	23 Jul 2005	Winnipeg	Canada
S10	Sapiro, Shireen	RSA	1991	2:36.06	06 Apr 2009	Port Elizabeth	South Africa
S11	Schulte, Daniela	GER	1982	2:53.88	30 May 2009	Berlin	Germany
S12	Zorn, Trischa	USA	1964	2:31.13	08 Sep 1992	Barcelona	Spain
S13	Gotell, Chelsey	CAN	1986	2:35.04	12 Jul 2008	Victoria	Canada

50 m Breaststroke

Class	Name	NPC	YoB	Time	Date	City	Country
SB1	Lind, Liv Tone	NOR	1973	1:43.89	08 Sep 1992	Barcelona	Spain
SB2	Flood, Tara	GBR	1966	1:15.20	08 Sep 1992	Barcelona	Spain
SB3	Kajiwara, Noriko	JPN	1967	54.21	21 Aug 1996	Atlanta	United States
SB4	Goh, Rui si, Theresa	SIN	1987	52.62	21 Jan 2008	Nakhon Ratchasima	Thailand
SB5	Bruhn, Kirsten	GER	1969	43.69	30 May 2009	Berlin	Germany
SB6	Henshaw, Charlotte	GBR	1987	46.91	27 Jun 2008	Glasgow	Great Britain
SB7	Long, Jessica	USA	1992	44.27	09 Apr 2006	London	Great Britain
SB8	Vladykina, Olesya	RUS	1988	38.74	30 May 2009	Berlin	Germany
SB9	Coufalova, Katerina	CZE	1983	38.58	09 May 2004	Sheffield	Great Britain
SB11	Tjernberg, Magdalena	SWE		41.61	11 Sep 1987	Moscow	Russian Federation
SB12	Pelendritou, Karolina	CYP	1986	35.73	30 May 2009	Berlin	Germany
SB13	Pelendritou, Karolina	CYP	1986	36.42	25 Feb 2006	Thessaloniki	Greece

100 m Breaststroke

Class	Name	NPC	YoB	Time	Date	City	Country
SB1	<i>vacant</i>						
SB2	Ziegler, Christina	GER	1986	3:01.79	26 Mar 2006	Cologne	Germany
SB3	Mceleny, Margaret	GBR	1965	2:09.65	28 Oct 1999	Sydney	Australia
SB4	Hess, Beatrice	FRA	1961	1:54.51	24 Oct 2000	Sydney	Australia
SB5	Bruhn, Kirsten	GER	1969	1:34.02	29 May 2009	Berlin	Germany
SB6	Johnson, Elizabeth	GBR	1985	1:40.09	09 Dec 2007	Swansea	Great Britain
SB7	Long, Jessica	USA	1992	1:31.00	30 Jul 2009	Edmonton	Canada
SB8	Vladykina, Olesya	RUS	1988	1:20.58	09 Sep 2008	Beijing	China
SB9	Sloan, Jessica	CAN	1982	1:16.93	24 Oct 2000	Sydney	Australia
SB11	Barrett, Elaine	GBR	1977	1:29.50	18 Jul 2004	Manchester	Great Britain
SB12	Pelendritou, Karolina	CYP	1986	1:16.82	08 Sep 2008	Beijing	China
SB13	Cote, Kirby	CAN	1984	1:17.12	09 Aug 2002	Victoria	Canada

200 m Breaststroke

Class	Name	NPC	YoB	Time	Date	City	Country
SB4	Goh, Rui si, Theresa	SIN	1987	4:17.38	27 May 2007	Berlin	Germany
SB5	Bruhn, Kirsten	GER	1969	3:23.12	31 May 2009	Berlin	Germany
SB6	Gruen, Deborah	USA	1987	3:36.37	04 Apr 2008	Minneapolis	United States
SB7	Long, Jessica	USA	1992	3:26.03	09 Apr 2006	London	Great Britain
SB8	Egeborg, Sisse	DEN	1984	2:53.89	28 Jun 2003	Gladsaxe	Denmark
SB9	Sloan, Jessica	CAN	1982	2:54.10	12 Jun 1999	Minneapolis	United States
SB11	Barrett, Elaine	GBR	1977	3:11.18	05 Aug 2003	Quebec	Canada
SB12	Pelendritou, Karolina	CYP	1986	2:56.04	02 Aug 2007	Sao Caetano do Sul	Brazil
SB13	Cote, Kirby	CAN	1984	2:51.49	22 Jul 2001	Winnipeg	Canada

50 m Butterfly

Class	Name	NPC	YoB	Time	Date	City	Country
S1	<i>vacant</i>						
S2	<i>vacant</i>						
S3	Valle Benitez, Patricia	MEX	1969	58.84	22 Sep 2004	Athens	Greece
S4	Erikson, Sandra	SWE	1981	56.36	22 Sep 2004	Athens	Greece
S5	Akopyan, Olena	UKR	1969	40.51	13 Sep 2008	Beijing	China
S6	Jiang, Fuying	CHN	1988	38.44	13 Sep 2008	Beijing	China
S7	Huang, Min	CHN	1984	34.47	13 Sep 2008	Beijing	China
S8	Long, Jessica	USA	1992	33.69	15 Apr 2007	Rochester	United States
S9	Williams, Annabelle Josephine	AUS	1988	32.56	04 Jul 2008	Sydney	Australia
S10	Eames, Anna	USA	1990	31.83	12 Jul 2008	Victoria	Canada
S11	Barrett, Elaine	GBR	1977	36.33	09 May 2004	Sheffield	Great Britain
S12	Mendak, Joanna	POL	1989	30.07	11 Mar 2006	Esbjerg	Denmark
S13	Henry, Rhiannon	GBR	1987	30.44	05 Aug 2006	Sheffield	Great Britain

100 m Butterfly

Class	Name	NPC	YoB	Time	Date	City	Country
S5	Zambo, Diana	HUN	1978	1:58.43	29 May 2009	Berlin	Germany
S6	Jiang, Fuying	CHN	1988	1:31.47	13 Jul 2007	Vancouver	Canada
S7	Weggemann, Mallory	USA		1:20.14	30 Jul 2009	Edmonton	Canada
S8	Everlove, Amanda	USA	1990	1:11.64	07 Sep 2008	Beijing	China
S9	Du Toit, Natalie	RSA	1984	1:06.74	07 Sep 2008	Beijing	China
S10	Dashwood, Gemma	AUS	1977	1:08.88	18 Aug 1996	Atlanta	United States
S11	Barrett, Elaine	GBR	1977	1:19.96	05 Aug 2003	Quebec	Canada
S12	Mendak, Joanna	POL	1989	1:03.11	02 Jun 2006	Berlin	Germany
S13	Hopf, Yvonne	GER		1:05.95	01 Jun 1996	Sheffield	Great Britain

200 m Butterfly

Class	Name	NPC	YoB	Time	Date	City	Country
S8	Long, Jessica	USA	1992	2:52.86	08 Dec 2007	College Park	United States
S9	Du Toit, Natalie	RSA	1984	2:32.84	01 Dec 2003	Johannesburg	South Africa
S10	Dashwood, Gemma	AUS	1977	2:34.01	05 Oct 1997	Melbourne	Australia
S11	Barrett, Elaine	GBR	1977	3:01.10	13 Jun 1999	Minneapolis	United States
S12	Casals Sole, Carla	ESP	1987	2:49.06	30 May 2009	Berlin	Germany
S13	Henry, Rhiannon	GBR	1987	2:31.88	15 Jul 2005	Portland	United States

150 m Individual Medley

Class	Name	NPC	YoB	Time	Date	City	Country
SM1	<i>vacant</i>						
SM2	Broadribb, Victoria	GBR	1976	5:30.88	10 Aug 1999	Braunschweig	Germany
SM3	Valle Benitez, Patricia	MEX	1969	3:29.36	14 Sep 2008	Beijing	China
SM4	Lauridsen, Karina	DEN	1976	2:47.84	14 Sep 2008	Beijing	China

200 m Individual Medley

Class	Name	NPC	YoB	Time	Date	City	Country
SM3	Breumso, Karen	DEN	1979	4:56.49	06 Dec 2003	Esbjerg	Denmark
SM4	Osterstrom, Annelie	SWE	1968	4:55.69	18 Jul 1990	Drachten	Netherlands
SM5	Hess, Beatrice	FRA	1961	3:13.58	20 Oct 2000	Sydney	Australia
SM6	Uhl, Miranda	USA	1992	3:13.05	07 Sep 2008	Beijing	China
SM7	Popovich, Erin	USA	1985	2:54.61	07 Sep 2008	Beijing	China
SM8	Long, Jessica	USA	1992	2:41.85	11 Sep 2008	Beijing	China
SM9	Du Toit, Natalie	RSA	1984	2:27.83	11 Sep 2008	Beijing	China
SM10	Sloan, Jessica	CAN	1982	2:33.64	20 Oct 2000	Sydney	Australia
SM11	Schulte, Daniela	GER	1982	2:57.89	09 Sep 1997	Riccione	Italy
SM12	Zhu, Hongyan	CHN	1976	2:30.09	22 Sep 2004	Athens	Greece
SM13	Gotell, Chelsey	CAN	1986	2:28.15	12 Sep 2008	Beijing	China

400 m Individual Medley

Class	Name	NPC	YoB	Time	Date	City	Country
SM6	Uhl, Miranda	USA	1992	7:09.65	11 Jul 2008	Victoria	Canada
SM7	Gruen, Deborah	USA	1987	7:34.74	19 Mar 2009	Gresham	United States
SM8	Long, Jessica	USA	1992	5:56.08	17 Mar 2007	Montreal	Canada
SM9	Gral, Emilie	FRA	1986	5:45.71	28 May 2009	Berlin	Germany
SM10	Bailey, Sarah	GBR	1977	5:40.15	24 Jun 1995	Wigan	Great Britain
SM11	Tjernberg, Magdalena	SWE		6:20.73	11 Sep 1987	Moscow	Russian Federation
SM12	Zorn, Trischa	USA	1964	5:29.62	17 Jul 1990	Drachten	Netherlands
SM13	Grand-Maison, Valerie	CAN	1988	5:29.92	24 May 2007	Berlin	Germany

4x50 m Freestyle Relay

Class	Name	NPC	YoB	Time	Date	City	Country
20 pts	Nara, Kajiwara, Fujita, Narita	JPN		3:00.62	24 Sep 2004	Athens	Greece
S11-13	Valetta, Brown, Hudson, Zorn	USA		2:19.66	15 Jul 1990	Assen	Netherlands

4x100 m Freestyle Relay

Class	Name	NPC	YoB	Time	Date	City	Country
34 pts	Owens, Kerley, Long, Popovich	USA		4:30.66	02 Dec 2006	Durban	South Africa
40 pts	Drozdowska, Brzostowska, Szczepinska, Kozłowska	POL		4:53.06	28 May 2000	Oswiecim	Poland
49 pts	Easter, Coughlin, Barrett, Henry	GBR		4:33.62	10 Dec 2002	Mar del Plata	Argentina
S11-13	Schulte, Beeker, Henke, Hopf	GER		4:33.52	22 Aug 1996	Atlanta	United States

4x50 m Medley Relay

Class	Name	NPC	YoB	Time	Date	City	Country
20 pts	Lequien, Tripier, Hess, Loiseau	FRA		3:10.37	28 Oct 2000	Sydney	Australia
S11-13	Valetta, Brown, Hudson, Zorn	USA		2:37.17	23 Jul 1990	Assen	Netherlands

4x100 m Medley Relay

Class	Name	NPC	YoB	Time	Date	City	Country
34 pts	Dixon, Sloan, Walker, Geiger	CAN		5:07.56	28 Oct 2000	Sydney	Australia
49 pts	Easter, Coughlin, Barrett, Henry	GBR		5:07.00	13 Dec 2002	Mar del Plata	Argentina
S11-13	Schulte, Beeker, Henke, Hopf	GER		5:11.58	25 Aug 1996	Atlanta	United States